



## Education

# Self Advocacy for Pain Relief

Wednesday, February 24 from 5:00pm-7:00pm



Pain symptoms experienced by those with cancer vary from person to person and range from mild to severe chronic pain. Pain can come from cancer itself or the treatments used to battle cancer, like chemotherapy treatment, radiation therapy, and surgery. There are a number of cancer pain treatment options currently available that can help manage and relieve cancer pain. This class will help you understand the causes of cancer pain and the treatment options available, including targeted drug delivery via spinal pain pump, nerve blocks, and medications.

### Speaker



#### Dr. David Schultz

Dr. Schultz is the founder and Chief Executive Officer of Nura Pain Clinics (formerly MAPS Medical Pain Clinics). He has been an interventional pain specialist since 1995 and an adjunct professor in the Department of Anesthesiology at the University of Minnesota. Dr. Schultz has taught many interventional pain courses and is the founder of Nura Research Center. He is a prolific author of medical articles and book chapters, a frequent speaker at national meetings, and is a principal investigator in pain research.

[Sign up here!](#)

Behind the red doors of Gilda's Club Twin Cities is a welcoming community, a place of support for anyone dealing with cancer and its effects. Whether you are living with cancer, moving into post-treatment, a caregiver or have lost someone to cancer, our program has something for you.

Have questions or want more information on getting involved?

Contact [Annie Stone at Annie.Stone@GildasClubTwinCities.org](mailto:Annie.Stone@GildasClubTwinCities.org)

RSVP for all classes and programs at [GildasClubTwinCities.org](http://GildasClubTwinCities.org), or on the My GCTC app.  
All classes and programs are offered FREE of charge to our members.

*Gilda's Club Twin Cities - where no one faces cancer alone.* 10560 Wayzata Boulevard, Minneapolis MN 55305 | [info@GildasClubTwinCities.org](mailto:info@GildasClubTwinCities.org)

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